



Access
Community
Housing

Tenant Newsletter

November/December 2018

5 Anderson St., Manunda. Phone: 40316702

Better Homes, Better Futures



Wishing everyone a very
Happy Christmas
and a Super New Year

It has been a tough week with extreme heat dominating our life and our conversations. Like you, I am hoping that the high temperatures will soon be replaced by rainfall and cooler weather. We have in the newsletter some tips on how to cope in this hot weather. Christmas is almost upon us again and the Cairns Post has again conducted their Adopt a Family Christmas Appeal. It is great that some of our tenants will benefit from this wonderful initiative. This year 16 families will receive hampers and gifts from generous people who have "adopted" our families. My heartfelt thanks to you for spreading the real meaning of Christmas. We will be busy distributing these and other hampers during December, a task our staff

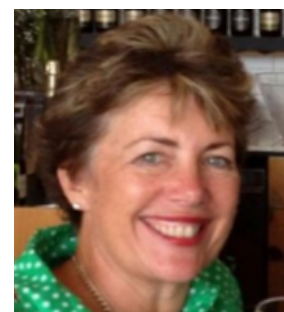
love doing as it brings so much joy to individuals and families. A special thanks to the Cairns Post, the Cairns Regional Council, the Salvation Army and staff and Board Directors of Access Housing for your generosity and support.

We held our AGM in October and it was great to have one of our tenants, Monwell entertain us with his guitar playing and singing and then to speak at the meeting. Thanks Monwell and thanks to all who attended. It was an opportunity to reflect on our achievements this year and to highlight some of the exciting plans for 2019. I would like to thank all the staff, the Board and our support service partners for your commitment and support during 2018.

I would like to wish you and your families a safe, happy and blessed Christmas and I look forward to working with you in the coming year. Cheers

From the CEO's Desk

Donna-Maree





Good News Story

Congratulations to Rory who was the recipient of the 2018 Deirdre Coghlan Bursary, donated by QShelter. Rory will use the money to obtain driving lessons and his licence.

Free Mulch Giveaway



14th – 17th December

Take advantage of Council's free shredded green waste offer.

Locations:

Portsmith & Gordonvale Transfer Stations;
7 Days - 8.30am – 5.15pm

Smithfield Transfer Station;
Mon – Sat 7.00am to 5.15pm & Sun
9.00am to 5.15pm

Babinda Transfer Station:
Friday, Sunday, Monday 8.30am to 4.45pm

Going away over Christmas?

Don't make it too obvious – organise for your yard to be kept tidy and have your mail collected.



Office closing and opening dates

Just a reminder that the ACHC office will be closed from 4.30pm Friday 21st December and re-open 9.00am Wednesday 2nd January 2019.

CAUTION: storms, floods and cyclones ahead!

It has been dry but the storm season may be just around the corner.



Cyclone information

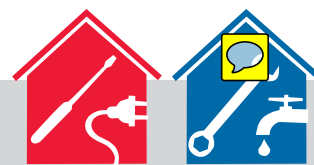
The Cairns region is a beautiful, tropical area that is vulnerable to natural disasters. We are cyclone and flood prone. We live very close to the sea and extensive areas of bush. There is one main road in and out. Please ensure you are prepared in case of any natural disaster. Please visit the www.cairns.qld.gov.au for further information.

Assistance with evacuation

Cairns Regional Council assist people to evacuate if they are on their Evacuation and Recovery register. This register is for residents within the Cairns region who:

- are frail, aged and/or have a disability; and
- live alone and have no friends or relatives in the Cairns area that could help them in an emergency situation or evacuation;
- have no transport;
- are able to administer their own medication (if required); and
- are not receiving significant assistance or support from a funded service provider.

For further information contact the Council's Disaster Management Unit on 4044 3044 or email disasterunit@cairns.qld.gov.au



Emergency Repairs

If you have any emergency repairs **out of office hours**, contact the following number:



Electrician or Plumber 1300 782 586

Then press: **1** for an electrician **2** for a plumber

Please call this number only if you have a problem that is dangerous, a threat to your health or may cause major property damage. Remember that if it is not an emergency you may be charged for the call. Please ensure you give correct details (eg mobile, phone number and address) when leaving a message and that you are at home for the contractor to attend to the problem.

centacare FNQ

Centacare FNQ's new community project aims to build on strengths and resilience in the neighbourhoods of Manunda, Manoora and Mooroolool. The emphasis is on whole-of-community cohesion and connection, with initiatives driven and designed by locals. The new project name is 'Our Place # We are Cairns West! To find out more please phone 4044 0130.

The dates for the Community Workshops in 2019.

Saturday 2nd March -1pm to 5pm – Manoora
Tuesday 5th March 4.30pm to 8.30pm – Mooroolool
Saturday 9th March 9am to 1pm – Manunda



Australian Government
Australian Digital Health Agency



My Health Record

In 2019, you will get a My Health Record unless you opt out. If you don't want a My Health Record, complete the online process by 31 January 2019. You will need your Medicare card and drivers licence (or other identification) to complete the opt-out process. If you would like to opt out of My Health Record please visit <https://www.myhealthrecord.gov.au/for-you-your-family/opt-out-my-health-record>

Cairns Young Chamber 'Amazing Race Challenge'

'Well done ACHC Queens'



Congratulations to 4 of our amazing staff who in sweltering heat came 5th in the Amazing Race Challenge which involved running around Cairns solving challenges.



Urban Art Project by Daniel (Wally) Wallwork

Daniel has been painting at more complexes. Great to see our tenants getting involved in making their complex more vibrant and colourful.



Andrea from Uniting Care visits Access Housing's interview rooms providing an outreach service for financial counselling and support. Andrea will be in our office on the 13th December 2018 from 9:00 to 12:15pm. If you would like to make an appointment please phone the office on 4031 6702 or speak to your tenancy officer.

Wading Pools



Inflatable wading pools are a great way of keeping cool in the hotter months but there are tough State Government laws regarding pool safety that need to be taken into account. It is also a breach of your tenancy, your water bills will increase and council could fine you. There are plenty of places to cool down in Cairns so please find an alternative to avoid a costly expense. Try the lagoon, shopping centres or your local pool.



you are invited

Community Christmas Celebrations

Saturday 8th December 2018, 4-6.30pm
Lennon Street Park, Lennon Street,
Manunda

for more information

Ph: 0438182800

Email: hello@manooracommunity.org

DATES TO REMEMBER

DATE	INFORMATION
Friday 14th Dec 2018	Last School Day – Prep to Year 9
Tuesday 25th Dec 2018	Christmas Day
Wednesday 26th Dec 2018	Boxing Day
Tuesday 1st Jan 2019	New Years Day
Tuesday 29th Jan 2019	Back to School



Upcoming Festive Events

Shield St Community Christmas Concert

Date: Sat 8th December @ 3.00pm
Location: Stage next to The Woolshed,
Shield Street

Carols at Yorkeys Knob

Date: Sun 9th December @ 5.00pm
Location: Old School Park, Yorkeys
Knob

Carols by Candlelight

Date: Sun 9th December @ 5.00pm
Location: Fogarty Park, Cairns
Esplanade

Gordonvale Carols in the Park

Date: Fri 14th December @ 4.30pm
Location: Norman Park, Gordonvale

Holloways Beach Christmas Carols

Date: Sat 15th December 5.30pm
Location: Holloways Beach Sports
Club Oval,
Wistaria Street, Holloways Beach

Crystalbrook Collection New Year's Eve at the Esplanade

Date: Mon 31st December
@ 5.30pm – 12.05am
Location: Cairns Esplanade
Fireworks at 9.00pm and Midnight

Palm Cove New Year's Eve Fireworks

Date: Mon 31st December
@ 8.00pm
Location: Palm cove Foreshore
Fireworks at 8.00pm and Midnight

Staying safe and healthy in hot weather



Stay connected



Look after yourself.

Check on sick or frail friends, neighbours and relatives.

Listen to the news.



Stay hydrated and nourished



Drink plenty of water.

Avoid drinks with alcohol, caffeine and high sugar.



Eat small meals more often.



Stay cool



Keep your body cool.

Find a cool and shady spot.



Wear light, loose cotton clothes.



Stay out of the sun from 10 am to 3 pm.

Slow down and take it easy.



Avoid hot, closed spaces.



For further information call 13 HEALTH (13 43 25 84) or visit www.health.qld.gov.au/disaster

Contact your nearest public health unit—13 QGOV (13 74 68)

CAIRNS REGIONAL COUNCIL PRESENTS:

moving picture nights

COMING SOON TO A NEIGHBOURHOOD NEAR YOU

Cairns Regional Council

THE CELEBRATION OF A LIFETIME

Disney PIXAR

COCO

FREE OPEN AIR MOVIE

FRIDAY 7 DECEMBER

LIVE MUSIC 6PM
FEATURE FILM 7PM
REFRESHMENTS AVAILABLE

SHANG PARK MOOROOBOL

For event information [CulturalServicesCairns](https://www.facebook.com/CulturalServicesCairns) or [Cairns.qld.gov.au](http:// Cairns.qld.gov.au)
For event/weather updates phone 0457 789 236